Unit 4: Principles of Effective Care - Case Studies

Case 1: Sabha

Sabha is 25 years old, and has a progressive disorder, which affects her muscles. She is becoming increasingly unable to manage self care. Her parents have reached an age when they can no longer care for Sabha effectively. Sabha's brothers have families of their own, and although they visit, they cannot care for her at home.

Sabha is angry at being admitted to the residence but admits that her parents are no longer able to care for her as her disorder progresses. Sabha will be transferred to a facility caring for people closer to her age once a place becomes available.

Case 2: Nusrat

Nusrat is 86 years old and has dementia. Nusrat has been admitted to the dementia wing of the residence for an assessment of her medication. Nusrat lives with her husband Mounir, who is 83 years old, her son, her daughter-in-law and their three children aged three, six and ten.

Recently, Nusrat has become violent, and the family is concerned for their own safety in addition to Nusrat's. The family doctor says that the problem could be due to a side effect of Nusrat's medication and that admittance for assessment into the residential facility could provide the answer.

Case 3: Amira

Amira is 54 years old and has learning disabilities and epilepsy. Amira attends the day centre attached to the residence, four days a week. This gives her brother and sister-in-law, who have cared for Amira since their parents died, a rest from the constant care she needs.

Amira is aware of her age and her disabilities and can become frustrated when individuals speak to her without respect, due to her learning disability. Some of the other service users have refused to sit with Amira at mealtimes because she is not fond of bathing. Amira would like to live independently rather than living with family.

Case 4: Aleema

Aleema is 76 years old and has recently been widowed. Aleema has been admitted to the residence, following a fall when she broke her right hip and had to stay in hospital for several weeks.

Aleema's family visit her regularly but do not have space to care for her at home. Aleema is very devout and observes religious practices, which include strict adherence to dietary requirements. Aleema loves to read but is finding it difficult due to her diminishing eyesight caused by long-term type 2 diabetes.